

# Catch the Spirit News

Spring 2016



## **An Explanation of the Services and Ceremonies of Holy Week and Easter**

### **HOLY WEEK**

The rites of Holy Week are ancient and by nature different from the liturgical celebrations of the rest of the Church Year. They are meant to be different in order to focus our attention on the mysteries being celebrated at this sacred time.

The liturgical colours for this week are red and black, representing blood and death. All the extra decorations are removed and all the crosses are veiled. This latter custom may seem unusual since the suffering and death of Jesus are the focal point for Holy Week. However, all crosses that are in our Church and everywhere else are actually signs not just of death, but also of the resurrection. Consequently they are covered in order to focus our attention on Christ's shame, humiliation, suffering and death.

### **THE SUNDAY OF THE PASSION WITH THE LITURGY OF THE PALMS**

The dual nature of this service is evident from its full title (in the BAS) given above. It begins with the pomp and glory of the triumphal entry into Jerusalem with shouts of "Hosanna" to our King. These Hosannas soon turn to cries of "Crucify him!"

Crucify him!", as the Passion is narrated. The two contrasting Gospel readings are at the heart of the proclamation this day. The dual nature of this proclamation is meant to point to the fact that we are all a part of this great cosmic drama. The truth of this day is that however well intentioned we may believe ourselves to be, we are all responsible, through our sins, for the Passion and Death of our Lord. The fickleness of the crowd – one day praising and embracing Jesus as the Messiah and in the next condemning him to death – is a mirror in which we see our own dual response to Christ. The hope of this day is that the suffering and death of our Lord Jesus Christ was a part of the loving purposes of God in reconciling us to himself.

### **MAUNDY THURSDAY**

The name of this day comes from the words *Novum Mandatum* (Latin for "new commandment") given to the disciples assembled at the Last Supper. "I give you a new commandment, that you love one another. Just as I loved you, you also should love one another." (John 13:34) On this night we will commemorate the institution of the Lord's Supper, the Holy Eucharist, by which we proclaim the Lord's death until he comes." (1 Cor 11:26) We will also  
(Continued on page 3)



## RECTORS REPORT

**My Dear Brothers and Sisters in Christ,**

Lent is a truly rich time to be a Christian. It is a time when we are invited to draw closer to God so that God can transform us and shape us into the likeness of Christ. It is a time to engage in many spiritual disciplines one of which is prayer, talking to God and listening to God. I suspect we really get the talking side of prayer. Many of us have lists of people and other concerns to pray for and about. Many of us spend our time in prayer asking God to watch over our family and friends, to send healing into the lives of those who are sick, to care for the downtrodden, and to protect those in danger. For many of us prayer is an opportunity to approach the throne of grace and to ask God to share divine love and blessing with others. That is a wonderful way to approach prayer especially as we live out our calling in Christ by asking God to love our neighbours, but that is only one side of prayer.

The listening side of prayer can sometimes be a little more challenging to live, because we are not always sure where to turn so we can hear God's voice. I think the easiest place to turn to is our Sunday worship. There, we will hear God's voice in the liturgy, in the scriptures, in the hymns, in the anthems, and in the voices of the gathered community. The sound of God's voice will change throughout the service. Sometimes it will sound like a priest, sometimes it will sound like a particular reader, sometimes it will sound like a rich choir, sometimes it will sound like a whole congregation, sometimes it may sound like a child crying or another person whispering. God's voice may change, but the message will not. God tells us over and over again in worship that we are loved, that forgiveness is available, that grace showers us, that we ought to turn to God and be filled with life. The words that we say and sing in worship are God's words and they will transform us and shape us into the likeness of Christ.

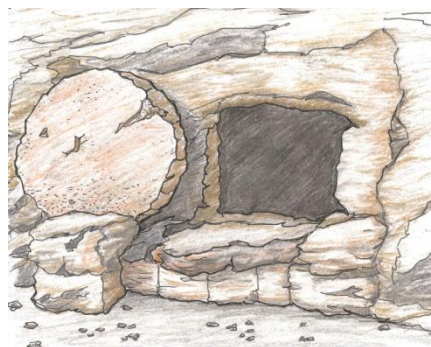
So as we journey through Lent and Holy Week, heading for Easter, I invite you to pay attention to the words we sing and say in our worship services. Listen to the words, don't just skim over them, don't just say them, don't just sing them, listen to them. Hear God's loving words again. Hear about forgiveness and grace again. Hear about how to find new life in Christ. Listen to the words and make them part of who you are again. Through those words God will cleanse us, bless us, and fill us with new life. Through our listening our lives will be shaped, we will be transformed more and more into the likeness of Christ and rise to new life with him at the resurrection.

I wish you all the blessings and grace of God through our journey to the cross and the empty tomb.

Yours in Christ,

*Robert Lemon* +

The Rev'd Fr. Robert Lemon  
Rector, St. Mark's by the Lake



commemorate Christ's servant ministry while being reminded of our own servant ministry through the foot-washing rite. The positive nature of the events that we mark are reflected in the use of white on the altar and in the vestments, but the coming of night and Christ's betrayal lead to the stripping of the altar. At the end of the service, the remaining ornaments will be stripped from the sanctuary and it will be left in darkness. The service closes in silence as the powers of evil appear to have their moment of triumph.

## GOOD FRIDAY

The Solemn Liturgy of the Passion and Death of Our Lord Jesus Christ is really a continuation of the service the night before. Maundy Thursday ends in silence and this day begins in silence, with the congregation kneeling in prayer and the priest lying prostrate before the altar. The Passion Gospel is read and there is a series of Solemn intercessions through which we acknowledge our failures and ask for God's mercy and forgiveness. Following this, there is an extended Meditation on the Cross of Christ. This meditation begins with what are called "The Reproaches" which are meant to point to our part (by our unfaithfulness and ingratitude) in our Lord's Death. The Reproaches take their starting point from Micah 6:3-4. The whole service is very austere so that we may feel the weight of this day on which our salvation was purchased by shedding of Christ's blood.

## EASTER DAY

Easter is the Feast of Feasts and the greatest day of the Christian year. It begins on Saturday evening with the Great Vigil of Easter and continues through Sunday morning. Easter is also known as the Paschal Feast since the word "Paschal" is the Greek form of the word "Passover". Easter is the Christian Passover because death has literally passed us over. Christ's Resurrection has proven God's promises to be true, in that we have been

freed from the tyranny of sin and death, in order to serve God in newness of life and in the power of the Holy Spirit. The singing of Alleluia, which was suppressed in Lent, is now sung again in every hymn. The Church is richly decorated and the liturgical colour for Eastertide is white and gold. The service on Easter Day will begin with the lighting of the Paschal Candle, which is the symbol of the risen Christ in our midst. It is the presence of the risen Christ, which has sustained the church of St. Mark's by the Lake for many years and will continue to sustain us well into the future. This is a day for our Alleluias and celebrations to be unrestrained, because "this is the feast of victory for our God."



# Outreach Justice Team Report



Our annual Toonie Sunday was held and we collected \$336.80. We beat last year's total. Thank you to everyone for donating. The people at St. John's Food Bank were very appreciative.

Thank you Rev. Rob for all the work he has done in the presentations on the series "Life with God". We still have two more Wednesdays to our series -March 9<sup>th</sup> the topic being Marriage & Relationships and March 16 the topic being Poverty. Please take some time out of your busy schedule and come join us.

A huge thank you to Alayna Shields, Jane Cornett and Christian Paulton for the Music at our March 2, 2016 Lenten Series.

Thank you to Nancy Nosanchuk for her hard work each year in compiling and making the Lenten booklet.

Knickers in a knot and Socks in a bunch – The socks and underwear were delivered to Windsor Youth Centre, Street Help and Windsor Residence for Young Men.

Bethlehem Fellowship is organizing a gospel concert on March 12, 2016 at 6pm at the Water's Edge Event Centre, 2875 Riverside Drive E. ( corner of Riverside Dr E. & Drouillard Rd- formerly Our Lady of the Rosary Church). All proceeds to go to Street Help Homeless Centre. Tickets are \$25.00. For tickets call Debra 519-965-0328, [bfchurch@hotmail.ca](mailto:bfchurch@hotmail.ca) or Tom 519-564-9750 [tommywilson477@hotmail.com](mailto:tommywilson477@hotmail.com). **"Come dressed to impress, get pictures on the red carpet, enjoy the sounds of fantastic singers and musicians, all the while providing a helping hand to support the less fortunate in our city."** From BOOM magazine

Windsor Residence for Young Men is having a Pancake Fundraiser on April 17, 2016 from 8 am to 10 am at Applebees, Walker and County Rd. 42. Tickets are available at Windsor Residence for Young Men 1505 Langlois Avenue, Windsor. They are also looking for volunteers in maintenance, yard and garden, housekeeping and special events .



We are looking for people to come and join our team. Come to any of our meetings which are held on the second Monday of each month.

Sincerely – Jeannine Renaud-St. Louis

# Parish Activities Committee

Hello All Parishioners:

Another year has begun. At Vestry in January the Fundraising goal was budgeted at \$24,000 for Parish Activities Council. During the fall, the Finance team, Father Rob and I met to discuss the past years fundraising and the best community gathering events and how to make 2016 the best year. As many of you might remember, last year was a very Event Filled Year. So in looking at this year, a decision was made to have less events but to put a little more effort in to events that you the parishioners said you really enjoyed.

While thinking about the Events for 2016 some of your favorites were kept such as: meat pies, Euchre Tournament, Golf Tournament, Pig Roast, Irish baked potato, Murder Mystery Dinner, Kentucky Derby, Steak Dinner/Auction, Bazaar, and Turkey Dinner. These have all been scheduled into the calendar. A few of the other events that need coordination are: talent show and hosting the Two Bird Dinners. With a little extra advertising and extra people to these events we will be able to meet our goals without adding events.



Another way that parishioners can help and have done so in the past is by donating goods to these events. Every box of cookies, can of coffee, paying for the event ie: pancake supper (\$290), meat pies (\$200 per 8 batches of meat), or donating money to purchase items helps to lower the cost of the event and increases the profit. THANK YOU to all of you who over the last couple years made this a weekly or monthly mission to keep the cupboards filled for coffee hour. A Special Thank you to Rose St. Antoine who on each meat pie day provided the morning snack and the lunch for the group. She always surprises us with a great meal.

So Meat Pie production was increased in 2016. There were 4 dates scheduled for meat pie making which are 3 in the Spring and one double batch in the Fall. This allows less volunteer time and more sales. We made 13 batches of meat in January and were sold out before we made them....this is amazing. We will have made 14 batches of meat for meat pies again on March 5<sup>th</sup>-sales are looking good. Hope to sell out each event. A Big Thank You to our newest dough maker Mark Charlton.

We will plan to make Turkey pies in the Fall as they were a great seller last Fall.

If you have an idea that you think would be a fun event and a community building event, please let the PAC committee know. All suggestions are worth having further discussion.

New Feature-One of the ways that we will keep track of the fundraising this year will be by using a thermometer. After each event, the profit will be put into the thermometer and this will appear in the bulletin. Often parishioners will ask how much money the event made. Usually that question comes after "that event was a lot of fun". This will allow us all to see how the events are doing and where we are toward the final goal.



Another thing that will be available this year is an Outline of "How to Run An Event". After each event, I will be writing up directions on how to run the event so that anyone can pick up the event and make it happen. The parish needs to have continuous leadership and this will help those that might wish to do an event but might not know where things are or how to do this event, the ability to be a part. These will be available later this year.



Big Thank You to Dawn Dean who took over the Pancake Supper this year and made it a huge success! Great Leadership and Team work.

This year all the events are being featured in the brochure which says Upcoming Events. Please review this monthly, as new events are added as space becomes available.

I have to express my sincere thank you to each person that helps PAC meet its goal. It is team work and without it, we are only one person....

Submitted by Angie Tuovinen and on behalf of Janet Forester-soon to be home from warmer places.....



# *St. Mark's by the Lake Vestry 2015 Highlights*

The annual vestry meeting was held on February 1, 2015. As usual, reports were received and time was taken to discuss the life of the parish from a financial stand point and in terms of ministry and activity. The full Vestry Report with reports from all the committees and ministries of the church and with the slate of officers for 2015 is available on the website (<http://www.stmarkschurch.net/vestry---february-1st-2015.php>).

## **Rector's Report**

Father Rob called for a renewed focus on outreach with a special focus on personal involvement in that ministry.

A Parish Life calendar has been put together to help us to be faithful and reasonable in our activities.

Property concerns will be considered by the Finance Committee in order to plan and prioritize.

Worship and hospitality are areas of strength for St. Mark's and it is important to continue to work hard at these aspects of our common life.

## **Financial Report**

- 2014 was a deficit year
- Givings increased by 10% through the second half of 2014
- A new mortgage situation has been negotiated, resulting in a more manageable financial situation moving forward.
- The budget calls for a 10% increase to offerings.
- Please consider an increase to ensure our ministry will continue to be strong and that we are able to be responsible for servicing our debt.

## **New Business**

- A group to examine parish communication was requested so that the congregation can be more effective in communicating within and to the wider world. That committee will begin its work soon.

St. Mark's is a church full of life and there is lots of good news to be shared. Please pray for our congregation and be part of its life in service, in participation, in worship, and in faith.



# ST MARKS GOLF TOURNAMENT 2016

**Mark your calendars, set up your foursomes and invite your friends  
Our 2016 Golf Tournament will be held on Sunday June 5th 2016, at  
ROCHESTER PLACE.**

## **More details to follow.**

**If you would like to join our fantastic golf committee or help out in anyway please let me know.  
We will also be looking for Hole Sponsors and prizes for the golfers.**

**Happy Spring - it will come!!**

**Chris McVeigh**  
**Golf Chair**  
[cmcveigh@cogeco.ca](mailto:cmcveigh@cogeco.ca)



## **Pastoral Care Team**

We are busy actively staying in touch with as many people as we can. Each week, we endeavor to contact our parishioners, either by telephone or a visit. Our conversations on the phone are usually lengthy, and our visits to homes, nursing homes, retirement homes are an hour or so. We bring flowers, candy and cards that the Sunday School students have made to cheer up our shut-ins. So many people are lonely and love the contact we have with them. Even if the family is attentive, people are still lonely and love our companionship. The team stays in touch with each other via email, reporting on our visits to ensure we are not contacting the same people every week. It is a very rewarding ministry.



Barbara Lyons

# ST. MARK'S BY THE LAKE YOUTH HAPPENINGS!!!

## *Look out P.E.I.....here we come!*

Four of our own youth (and their fearless leader!) will be attending the CLAY conference, held this August in Charlottetown, PEI! Amy Hayes, Jacob Plummer, Zach Shields and Owen Van Vlack will be joining other youth from our Deanery and Diocese on this journey! Please keep these youth in your prayers as we continue to prepare for this very special pilgrimage and time together with our Lutheran and Anglican brothers and sisters! For more information about CLAY- check out their website at [www.claygathering.ca](http://www.claygathering.ca).

To help with the cost of the conference, the youth have been very busy with a variety of fundraisers!



A very successful 'date-night babysitting' program is being offered monthly. The youth look after the children at church while the adults go out for dinner and socialize! A donation is made by the parents as if they are paying a babysitter and money collected goes towards attending CLAY. Our next date will be late April/early May! It has been a ton of fun for all involved!

## **SOUP'S ON!!**

Youth and their parents have been stocking our freezer with homemade soup to sell. A 10oz cup of yummy soup is available for only \$2! Come check out the stand-up freezer in the kitchen and bring some home today!

Many thanks to all who came out to our House of Pong event! It was a blast and there were ping pong balls everywhere! We will be planning another event here in the Spring/summer!

Our Valentine breakfast was well received and we raised over \$500! Many thanks to all who cooked, cleaned and came to enjoy a scrumptious breakfast! Keep your eyes open for the next Breakfast date!

*Plans for future fundraisers include a car wash, a dinner/entertainment night and a bike trip. Anyone who wishes to sponsor our youth financially and assist them on their journey should please contact Jane Cornett. The cost for the conference, travel, hotels, meals and program along the way are approx.. \$1200 per person. Thanks so much for your ongoing support!*

## **YOUTH ROOM**

If you haven't been upstairs in a while, you will need to check out the new youth room! Many thanks to the Shields family for their kind donation of an air hockey table! It is being well used! The bungee chairs are awesome! Just ask Fr. Rob!

## UPCOMING YOUTH EVENTS\*\*\*\*\*SAVE THE DATES\*\*\*\*\*YOUTH EVENTS

**Sunday, April 24:** 630-830pm- Youth group meeting- combining with other deanery youth at St. Stephens, Oldcastle. A great time to meet others in our deanery and the youth going to CLAY!

**April 30<sup>th</sup> noon until May 1<sup>st</sup> noon:** S.O.C. event at St. Paul's Lutheran Church, Leamington for youth ages 14-18 yrs of age. S.O.C. stands for Stewards of Creation- the themed weekend is led by a team of youth leaders from the Lutheran and Anglican gathering. The S.O.C. events are held 4 times a year in various parts of the Diocese. A great way to meet other young people!

**Diocesan Youth Conference May 13-15:** Huron Church Camp, Bayfield – Annual conference held at our Diocesan summer camp- Always a good time! Campfires too! ( did someone say 'campfire'?!!).

**Bike trip: June/ July** -dates to be determined: Bike trip to raise awareness and funds for the 'Right to Water' campaign. This campaign assists First Nations in Ontario to have access to clean water.

### Children's Ministry at St. Mark's by the Lake

For the last several weeks, the church has been bursting with new energy and excitement! It is so wonderful to see friends returning and new ones joining the worship space! I am so grateful for all parents and grandparents who continue to encourage your young ones to be part of Sunday worship and Sunday School. Their energetic quest to learn more about their Creator is very exciting! Each week we explore the Scripture through drama, artwork or music and make it come alive for them so that they can better understand who God is! I hope that this Easter season will be a wonderful journey for each of you and that you continue to grow closer to God!



### Servers

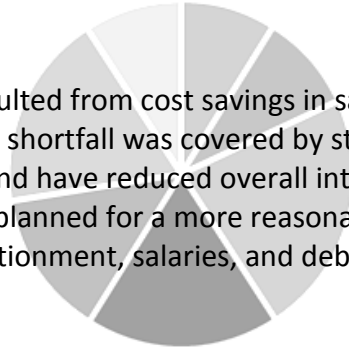
We have a dedicated group of servers who assist Fr. Rob and the parish on Sundays! If you are interested in learning more about becoming a server, please contact Jane Cornett. This is a wonderful team to join! In the Fall, the deanery is planning a Server's Event. Stay tuned for details!

### Nursery

We have a wonderful and active nursery on Sundays! These children bring joy to those who care for them! Each week there are two caregivers for the nursery. If you would like to become part of this ministry, please speak with Sally Charlton or Jane Cornett.

## Finance Report

Overall surplus for 2015 of \$8,200 resulted from cost savings in salaries, office, and ministry costs. Offerings were up 6% but still short of plan. The shortfall was covered by strong fundraising. Parishioner loans have reduced our reliance on WFCU debt and have reduced overall interest costs. The 2016 budget is balance based on 7% increase in offerings. We have planned for a more reasonable level of fundraising and increased special donations to support refugees. Apportionment, salaries, and debt costs are at expected levels for the next few years.



## Warden's Report

Greetings to our St Mark's family. Winter is breaking into a beautiful spring, and Easter is on our door step. Although, I'm not too sure there was much of a winter at all. With our snow birds winging home and families coming back from spring break, it's a chance to shake a hand and give a hug to those who's' faces make our hearts jump once again. We have so much to tell our friends about the on going great work here at St Mark's. Our youth are as vibrant as ever. They are preparing to attend the CLAY conference in PEI this summer. They have been raising funds, by cooking us a tasty Valentine's breakfast, and hosting date night babysitting here in the hall. Keep it up kids you make us proud. Our new refugees are safe and sound on Canadian soil, thanks to the hard work of a dedicated group of inter parish volunteers, and we look forward to meeting them as soon as they are acclimatized. Thank you to everyone who donated to make their new apartment cozy and welcoming. The Lenten series leading up to Holy Week has nourished us with food for thought and thought for food. Thank you Father Rob for setting the table. Have a blessed and peaceful Easter season and thanks for all the great things YOU do here to make us a grateful and loving family.

Your Parish Wardens.



John Anderson  
Rector's Warden



Amanda Dibbs  
People's Warden



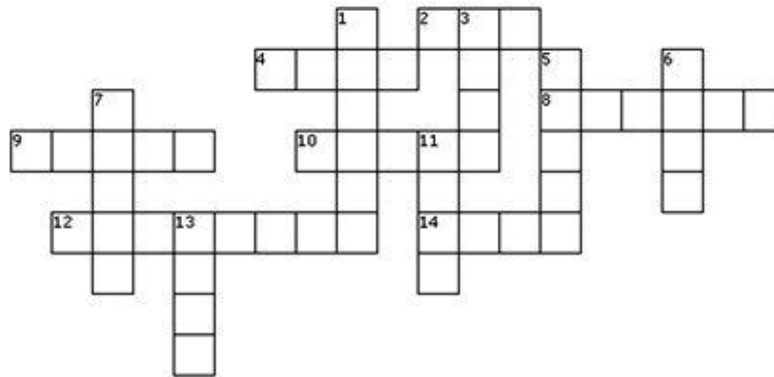
Christian Paulton  
Deputy Rector's Warden



Carolyn Mastellotto  
Deputy People's Warden

# *He is not here. He has risen!*

Words taken from John 20:1-18 (NIV)



## ACROSS

2. To shed tears
4. The opposite of alive
8. A heavenly being
9. The thing that covered the entrance to Jesus'tomb
10. The color that is the opposite of black
12. A person who takes care of plants and flowers
14. The name of the woman who discovered Jesus' empty tomb

## DOWN

1. The male parent
3. Return to an upright position after lying down; to return from the dead
5. The opposite of late
6. A period of seven days
7. An adult female person
11. A place where someone is buried; another name for grave
13. The opposite of light

## Words Used

early	angels	gardener	rise
week	white	Mary	dead
dark	woman	tomb	
stone	cry	father	

## SIX TINY STORIES "WITH "GREAT MEANINGS"

1. Once all villagers decided to pray for rain, on the day of prayer all the people gathered, but only one boy came with an umbrella     That's FAITH
2. When you throw a baby in the air, she laughs because she knows you will catch her  
That's TRUST
3. Every night we go to bed, without any assurance of being alive the next morning but still we set the alarms to wake up     That's HOPE
4. We plan things for tomorrow in spite of zero knowledge of the future     That's CONFIDENCE
5. We see the world suffering, but still we get married and have children     That's LOVE
6. On an old man's shirt was written a sentence "I am not 90 years old... I am sweet 16 with 74 years of experience     That's ATTITUDE



# *Holy Week, Easter Services*

**Monday and Tuesday** at 7:00 PM

**Wednesday** at 10:30 am and 7:00 PM

**Maundy Thursday** at 7:00 PM

**Good Friday** at 10:30 AM

**Holy Saturday** at 7:00 PM

**Easter Sunday**  
8:00 AM and 10:30 AM



St. Mark's by-the-Lake  
150 St. Mark's Road  
St. Clair Beach On N8N 2H4